

ANDREW D PENN, MS, CNS, ANP-BC, PMHNP-BC

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PROFESSIONAL SUMMARY

Board-certified Psychiatric-Mental Health Nurse Practitioner (PMHNP) with over **20 years of experience in direct patient care** in a variety of psychiatric settings. Experienced **educator** to university, continuing education, and public-facing audiences. **Nationally known psychedelic therapy expert** with experience in trial execution, publication, and translational teaching about rapidly acting psychiatric agents. Experienced **consultant** to pharmaceutical, educational, and regulatory entities.

KEY SKILLS

- Complex pharmacology
- Panel Management
- Teaching diverse audiences
- Supportive and depth psychotherapy
- Clinical Education
- Mentoring and Precepting

CLINICAL EXPERIENCE

Attending PMHNP

San Francisco VA, NP Residency Program | San Francisco, CA | 2019 - present

- Oversaw PMHNP residents during 1-year residency program, provided didactics
- Managed staff panel of Veteran patients in outpatient psychiatry

Co-Principal Investigator/Study Therapist/Medical Monitor

Translational Psychedelic Research Program (TrPR lab), UCSF | San Francisco, CA | 2019-Present

- Lead psychedelic therapy sessions including preparation, dosing, and integration for FDA registry and Investigator Initiated Trials of psilocybin and MDMA
- Provided medical monitoring during dosing sessions and physical exams as part of enrollment
- Co-PI on Phase 2, Usona-sponsored trial of psilocybin treatment in MDD, published in *JAMA Psychiatry*

Nurse Practitioner III

Kaiser Permanente, Department of Psychiatry | Redwood City, CA | 2006-2019

EDUCATION

MS – PMHNP - Adult NP and Psychiatric CNS University of California, San Francisco

BA – Psychology University of California, Santa Cruz

Certification in Psychedelic Therapies and Research - California Institute for Integral Studies (includes MAPS and Usona certifications)

CREDENTIALS

Psychiatric-Mental Health NP (ANCC)

Adult NP (ANCC)

CA Nurse Practitioner License (NP103#15914)

DEA Registration, Schedule II-V



 Provided direct psychiatric care (both medication and supportive therapy) in both Intensive Outpatient Program and general practice to a standing caseload of over 800 patients within a large HMO's behavioral health department

Staff Nurse

Marin Psychiatric Emergency Services | Greenbrae, CA | 2004 – 2006

• Provided emergency assessment, treatment, and disposition for patients in psychiatric crisis in a 5150-receiving facility

Staff Nurse

Kaiser Foundation Hospital | San Francisco, CA | 2003 – 2006

• Provided direct nursing care to patients in a medical-surgical ward

SELECTED PRESENTATIONS & PUBLICATIONS

- Publication JAMA Psychiatry (2023) Single dose psilocybin for MDD
- **Publication** *American Journal of Nursing* Nurses and the Psychedelic Renaissance: Considerations for Emerging Treatments
- Presenter Psychedelic Science and Medicine (2023) TEDx Marin
- **Presenter** Visionary Approaches: Psychedelics as Medicine (2023) Aspen Health Ideas
- Co-Author Professional Practice Guidelines for Psychedelic Therapy (2023) Brainfutures/APPA
- Co-Author Deliberate Practice in Psychedelic Therapy (2023) APA Press

OTHER LEADERSHIP & PROFESSIONAL SERVICE

- UCSF School of Nursing Faculty Council 2023-Present
- Psych Congress Steering committee 2010-Present
- NP Institute Co Chair 2023-Present
- Organization of Psychedelic and Entheogenic Nurses (OPENurses) Co-founder 2020Present

HONORS & AWARDS

- Distinction in Teaching Award– UCSF Academic Senate (2021)
- Award for Clinical Excellence American Association of Nurse Practitioners, CA Chapter (2023)

