

Andrew Penn, RN, MS, ANP-BC, CNS, PMHNP-BC

UC San Francisco, School of Nursing
Department of Community Health Services
2 Koret Way, Room 511Q
415.793.9240
Andrew.Penn@ucsf.edu / andrewpennnp.com

Summary	<p>Andrew Penn, MS, PMHNP is a Clinical Professor in the UCSF School of Nursing where his teaching has received the UCSF Academic Senate Distinction in Teaching Award, among other recognition. He has practiced as a psychiatric NP for over 20 years and currently treats veterans at the San Francisco VA . As a researcher, he collaborates on psychedelics studies of psilocybin and MDMA in the Translational Psychedelics Research (TrPR) lab at UCSF. A leading voice in nursing, he is a cofounder of the Organization of Psychedelic and Entheogenic Nurses (OPENurses.org), advocating for the perspective of nurses in psychedelic therapy, he has published on psychedelics in the <i>American Journal of Nursing</i>, <i>Frontiers in Psychiatry</i>, <i>Psychedelic Medicine</i>, and <i>The Journal of Humanistic Psychotherapy</i>. An internationally invited speaker, he has lectured at SXSW, TEDx, Aspen Health Ideas Festival, Oxford University, and as a visiting expert for the Singapore Ministry of Health. He can be found at Andrewpennnp.com</p>
Education	<p>Master of Science, June 2005 University of California, San Francisco, School of Nursing Specialty: Adult Nurse Practitioner/Clinical Nurse Specialist, Psychiatry Coursework included adult internal medicine/primary care, psychopharmacology, individual and group psychotherapy, psychiatric trauma, and addiction medicine. Comprehensive Exam: <i>"Prevalence of post-traumatic stress disorder among patients with severe mental illness."</i> Masters Entry Program in Nursing (MEPN), RN Certification, June 2003</p> <p>Certificate in Psychedelic Assisted Therapies and Research, 2017 California Institute of Integral Studies (Including MAPS MDMA therapist training sections A&B)</p> <p>Multidisciplinary Association for Psychedelic Studies, Therapist Training 2019-2020</p> <p>Usona Institute Psilocybin Facilitator Training, 2020</p> <p>Teach for UCSF, Basic Teaching Certificate, 2022</p> <p>University of California, Santa Cruz Bachelor of Arts in Psychology, June 1994, <i>awarded departmental honors</i></p>
Licensure/ Certifications	<p>Registered Nurse, California license current # 621643 Nurse Practitioner, furnishing, California license current #15914 Clinical Nurse Specialist, California license current #2311 Adult Nurse Practitioner, Board Certified (ANCC) current #2005009618 Psychiatric Mental Health Nurse Practitioner, Board Certified (ANCC) current #2012005168 National Provider Identifier 1861564312 DEA Mid-Level Provider, Schedule II-V (<i># upon request</i>) Buprenorphine DEA Waiver (<i>X# upon request</i>) Basic Life Support (BLS) Certified 5150 Certified Evaluator, San Mateo Co, CA ORCID ID 0000-0001-5552-7078 San Francisco VA, UCSF School of Nursing, UCSF Department of Psychiatry Credentialed</p>
Teaching Experience	<p>HS Clinical Professor, Salaried Faculty, UCSF School of Nursing, 2022-Present 120% appointment (50% teaching, 50% clinical, 20% research). Awarded <i>Distinction in Teaching Award</i> 2021 from UCSF Academic Senate.</p>

Courses Taught:

N232.04C Management of Psychotropic Regimens (Psychopharmacology), Faculty of Record (2017-Present)

Development of integrated psychopharmacology curriculum and extensive online and classroom content. Provided guest lectures on basic psychopharmacology and workshop on clinical interviewing and case formulation to nurse practitioner graduate students.

N414.04 Clinical Practicum, Faculty of Record (2019-2021)

Oversaw team of six faculty and created curricular structure for first year clinical seminar, including adaptation of skills lab modules from in-person to online during COVID19 restrictions. Coordinated with clinical preceptors around learning needs of students.

N415.04 Clinical Practicum, Faculty of Record (2021- Present)

Created curricular structure for second year clinical seminar in which students present on cases seen in clinical rotations and discuss challenges germane to PMHNP practice.

N257 Assessment and Management of Common Psychiatric Symptoms, Co- Faculty of Record (2019-2022)

Helped to create and deliver a core psychiatry survey course required for all Advanced Practice Nursing students, including a historical role play/ case study of "Emperor" Joshua Norton.

N220.05A-C Foundations in Somatic Therapies, Faculty of Record (2020- Present)

Created multiple online modules for teaching 3-quarter psychopharmacology to online master's students in a joint USF/UCLA/UCD program. Oversaw delivery and discussion of this content as FOR.

Committee Service:

UCSF, School of Nursing

Postmasters PMHNP Online Program Faculty Hiring Committee, Chair

Helped to find, interview, and hire faculty for new, multi-campus online PMHNP program at UCSF

Merit and Promotion Peer Review Committee

Reviewed advancement packets for colleagues within the UCSF School of Nursing

Health Sciences Compensation Plan (HSCP) Advisory Committee

Assured compliance with and resolving issues on outside professional activities, conflict of interest, and conflict of commitment for faculty in the UCSF School of Nursing

PMHNP Program Diversity, Equity, and Inclusion Committee

Examined curriculum in the PMHNP program for DEI considerations and created tools to help faculty improve inclusion and diversity in their syllabi.

PNP Hiring committee

Extramural member of committee to hire Pediatric NP faculty

AGNP Hiring committee

Extramural member of committee to hire AGNP faculty

APU4 Advisory committee

Examined arguments for and against the inclusion of an Academic Placement Unit 4 distinction for academic advancement within the UCSF SON and made recommendation to the Dean

UCSF, University wide

Distinction in Mentoring Selection Committee

Assisted in reviewing nomination packets for UCSF Academic Senate's *Distinction in Mentoring Award*, for faculty in all five schools within the university

HS Associate Clinical Professor, Salaried Faculty, UCSF School of Nursing, 2017- 2022

Responsibilities as listed in Assistant role, but with 20% salary effort for teaching psychopharmacology

Assistant Clinical Professor, Volunteer Series UCSF School of Nursing, 2009-2017

Supervision and training of second-year Masters in Nursing students during year-long psychiatry residency. Speaker on bipolar disorders, basic psychopharmacology, and clinical interviewing/case formulation to nurse practitioner graduate students.

Volunteer Clinical Preceptor, UCSF School of Nursing, 2007-2009

Faculty (2009-2013) and conference planning co-chair (2010-2013),

Contemporary Forums Psychiatric Nursing Conferences

Researched, wrote, and presented on multiple topics in psychiatric nursing (below) and helped to organize, design, and recruit faculty for upcoming national conferences

Steering Committee Member (2010-Present), and Nurse Planner (2013-Present), Psych Congress, Elevate, and Sana Symposium Conferences (**Co-Chair**), North American Center for Continuing Medical Education (NACCME), formerly CME, LLC (US Psychiatric and Mental Health Congress)

Assisted in strategic planning and curriculum development for national psychiatric conferences. Reviewed abstracts and lecture material for national psychiatric conference. Ensured relevancy to nursing audiences

Multidisciplinary Association for Psychedelics Studies (MAPS) Therapist Training Curriculum

(2020-2021) Collaborated with a small team as a subject matter expert to create the safety modules of upcoming MDMA therapist training program

California Institute for Integral Studies, Center for Psychedelic Therapies and Research (2021-Present) Clinical mentor and section leader. Supervisor of online cohort mentors.

Clinical Experience

Attending/Staff Psychiatric Nurse Practitioner, San Francisco Veterans Administration Hospital

July 2019- Present

In this role, I both provide clinical care to veterans in outpatient and emergency settings (working in General Outpatient Psychiatric Service (GPOS), PTSD Clinical Treatment (PCT), Access Center (AC), and Psychiatric Emergency Services (PES) and provide supervision and education to Psych NP postgraduate residents, medical postgraduate residents, and NP Students.

Psychiatric Nurse Practitioner III, The Permanente Medical Group, Redwood City, CA

Jan 2006 – February 2019

Clinical duties were shared between intensive outpatient program, serving as a psychiatric consultant to a multidisciplinary team and caring for the psychopharmacological needs of patients in crisis or recently discharged from inpatient psychiatric hospitalization; and general adult psychopharmacologic practice. Areas of special interest include bipolar disorder, PTSD, and depression. While collaborating with primary care, other specialists, therapist and psychiatrist colleagues, I serve as a primary psychiatric provider for over 900 outpatients. Scored in the top 10% of patient satisfaction scores 2006-2018. Developed and co-facilitated a psychoeducational group for patients with bipolar disorder. Provided consultation to a multi-disciplinary psychiatry-chemical dependency-chronic pain treatment team.

Marin County Psychiatric Emergency Services, Greenbrae, CA July 2004 –Jan 2006

Served as a psychiatric nurse in a psychiatric emergency room serving all of Marin County. While collaborating with a multidisciplinary team, I was responsible for psychiatric and medical assessment, evaluation and treatment of intoxication and withdrawal, management of crisis and violent behavior, administering medication, providing crisis counseling and patient teaching, and arranging disposition of patients in psychiatric crisis.

Staff Nurse II, Kaiser Permanente Hospital, San Francisco. May 2003-Jan 2006

Employed as a staff nurse in a medical/surgical/telemetry unit. Responsible for direct care to 6 high acuity patients, including assessment, medication administration, crisis management, managing admissions and discharge, coordinating care plans and patient care providers, and providing patient/family teaching.

**Student Nurse Practitioner/Psychiatric Clinical Nurse Specialist,
University of California, San Francisco (2003-2005)**

Completed precepted rotations in the following areas:

Kaiser Hospital Anxiety Management Group

Co-facilitated a cognitive-behavioral treatment protocol for patients with anxiety disorders.

Marin County Mental Health Outpatient Clinic

Assisted with managing patients undergoing clozapine treatment. Provided primary care to patients with severe mental illness.

San Francisco General Hospital Psychiatric Emergency Services

Provided assessment, management, and disposition planning for acutely mentally ill clients in crisis.

Addiction Medicine Consultation and Treatment Services (AMCATS), San Francisco General Hospital

Completed a one-year rotation providing inpatient consultation to the internal medicine service for patients with addiction and detoxification needs. Consulted on medical detoxification cases for patients with multiple psychiatric, chronic pain, and medical comorbidities. Involved with implementation of office-based buprenorphine treatment protocols. Provided psychiatric medication management to patients in the SFGH outpatient methadone clinic.

Baker Places, Fremont Place Detoxification Center, San Francisco

Provided health assessment, drug and alcohol withdrawal medical management

Progress Foundation, La Posada Acute Diversion Unit

Completed a one-year rotation providing integrated primary care and psychiatric treatment to severely mentally ill clients in a community acute diversion unit.

UCSF General Medicine Clinic

Completed a one-year rotation providing primary care services in a busy university medical center outpatient clinic with a concentration on services to the developmentally disabled.

Marin County Jail Health Services

Delivered urgent care services to an incarcerated population

East Bay Regional Associates in Neurology

Completed a specialty neurology rotation.

Student Nurse, University of California, San Francisco June 2002-June 2003

Completed over 975 hours of clinical work under preceptor supervision in the following clinical areas:

Stanford Hospital and Clinics: Medical-Surgical Nursing

University of California, San Francisco, Medical Center: Obstetrical Nursing

San Francisco General Hospital: Public Health Nursing

San Francisco General Hospital: Psychiatric Nursing

University of California, San Francisco, Medical Center: Pediatric Nursing

Research	<p>Study Therapist, MDMA Assisted Therapy for PTSD Phase 3 Clinical Trial Sponsored by Multidisciplinary Association for Psychedelics Studies, UCSF Langley Porter Institute Department of Psychiatry, BAND Lab (now: Translational Psychedelics Research Lab) (October 2019-2020) NCT03537014 Serving as a study therapist for the UCSF study site of this international multi-site Phase 2/3 clinical trial (MAPP1 and MAPP2) of MDMA assisted psychotherapy for PTSD sponsored by MAPS/MBPC (PI: Josh Woolley, MD).</p> <p>Co-Investigator and Study Therapist, Psilocybin Facilitated Treatment of Major Depression Phase 2 Clinical Trial, Sponsored by Usona Institute, UCSF Langley Porter Institute, Translational Psychedelics Research Lab (October 2020 – May 2022) NCT03866174 I served as a Co-Investigator, Study Therapist, and Medical Monitor for the UCSF study site of this multi-site Phase 2 clinical trial (Psil201) of psilocybin facilitated psychotherapy for major depression, sponsored by Usona Institute (PI: Josh Woolley, MD).</p> <p>Researcher, Psychedelics and Wellness Study (PAWS), Texas Tech University (April 2020- Present) NCT04040582 Assisting on data analysis and hypothesis formulation for an internet-based survey of psychedelics users, looking at changes in post-use wellness measures. (Co PI's- Rakesh Jain, MD, Sandra Jain, PsyD)</p> <p>Researcher, Psilocybin Assisted Therapy for Parkinson's Disease and Depression (PDP), Phase 1 Pilot Study, UCSF Langley Porter Institute, Translational Psychedelics Research Lab (2020-present) Served as a Study Therapist for the UCSF study site of this Phase 2 clinical trial of psilocybin facilitated psychotherapy for major depression in persons with Parkinson's Disease. (PI: Josh Woolley, MD).</p> <p>Researcher, Psilocybin Assisted Therapy for Bipolar Depression (BAP), Phase 1 Pilot Study, UCSF Langley Porter Institute, Translational Psychedelics Research Lab (August 2020-Present) Assisted to develop safe research protocols for the first-ever psilocybin-assisted therapy study for bipolar depression, serving as a medical monitor and study therapist (PI: Josh Woolley, MD)</p>
Relevant Experience	<p>Vocational Job Trainer and Activity Leader, Mental Health Rehabilitation Facility, San Francisco General Hospital, San Francisco, CA (1998-2002) Mental Health Worker, Belmont Hills Hospital, Belmont, CA (1997-1998) Children's Mental Health Therapist, Eastfield Ming Quong, Campbell, CA (1994-1997)</p>
Volunteer Experience	<p>Wellness Summit workshop developer and Leader, Ruth Asawa School of The Arts, San Francisco CA Developed and delivered an interactive workshop for high school students - "How Drugs Work and How Not to Die Using Them." (2022). Consultant and presenter to RASOTA PTSA on substance use.</p> <p>Career Advice Network, UC Santa Cruz (2010-Present) Provide informational interviews with UCSC Students and Alumni regarding healthcare careers</p> <p>Zendo Project, Multidisciplinary Association for Psychedelics Studies (2014-2018) Provided supervision and medical consultation for participant-run psychological harm reduction project at the annual Burning Man Festival. Also provided training in medical triage to volunteers of this well-utilized festival community resource.</p> <p>Classroom assistance and health science teaching (2013-2016), Commodore Sloat Elementary School, San Francisco, CA</p> <p>Teen Outreach Coordinator, Trainer, and Crisis Counselor, Suicide Prevention of Santa Cruz County, Capitola, CA (1992-1995)</p> <p>Crisis Counselor, Suicide Prevention and Crisis Services, Santa Clara County, CA (1991-1992)</p>

Professional Presentations

"Here There is No Moon" (radio program on suicide prevention) – KQED radio interview, 2005

"Bipolar Spectrum Disorders: diagnosis and pharmacology" – UC San Francisco School of Nursing Guest lecture 2007 - 2016

"Psychopharmacology for Advance Practice Nurses" – UC San Francisco School of Nursing Guest lecture 2008-2018

"Treatment of Depression in Primary Care" – Kaiser Permanente Redwood City Nursing Conference 2008

"Schizophrenia and related conditions – no fault brain diseases" – Kaiser Permanente Multi Family Group 2008

"Depression Update" – Kaiser Permanente NP Convocation 2008

"Clinical Interviewing and Case Formulation" – all day workshop for UCSF School of Nursing students, 2008-2015

"Stalking Remission: Using combinations of medications for treatment resistant depression" – faculty presentation, Contemporary Forums Psychiatric Nursing Conferences, Nashville, TN, Philadelphia, PA, & La Jolla, CA March-April 2009

"Stop the swings: using off label medications to treat bipolar disorder" – faculty presentation, Contemporary Forums Psychiatric Nursing Conferences, Nashville, TN, Philadelphia, PA, & La Jolla, CA March-April 2009

"Why won't they take their meds – understanding and preventing medication non-adherence" – faculty presentation, Contemporary Forums Psychiatric Nursing Conference, La Jolla, CA April 2009

"Assessment and treatment of sexual side effects of psychiatric medications" – faculty presentation, Contemporary Forums Psychiatric Nursing Conference, La Jolla, CA April 2009

Bipolar Spectrum Disorders: Concept and Controversy" – plenary presentation, Contemporary Forums Psychiatric Nursing Conference, La Jolla, CA April 2009

"To Treat or Not to Treat: A Rational Approach to Management of Anxiety" – faculty presentation, April 2010, Las Vegas, NV

"Untying the Gordian Knot: Strategies for Optimizing and Simplifying Medication Regimes" – faculty presentation, April 2010, Las Vegas, NV

"Walking the Line: Working with Cyclical Mood Disorders, Impulsive Personality Structure, and History of Trauma" – faculty presentation, April 2010, Las Vegas, NV

"Psychopharmacology Roundtable: Prescribing Medications to Maximize Outcomes" – faculty presentation, April 2010, Las Vegas, NV

"It's Cycling, Not Polarity: Understanding and Diagnosing the Bipolar Spectrum" – American Psychiatric Nurses Association National Conference, October 2010, Louisville, KY

"The Bipolar Spectrum: improving diagnosis and treatment" – presentation to Kaiser Permanente Northern California Region Psychology Interns and Postdoctoral Fellows, April 2011-2017

"Lies, damn lies, and statistics: making sense of clinical research to improve patient care" Presented to San Francisco APNA peer consultation group, April 2011, San Francisco, CA

"Lies, damn lies, and statistics: making sense of clinical research to improve patient care" - faculty presentation, Contemporary Forums Psychiatric Nursing Conference, May 2011, San Francisco, CA

"Chronic pain and Mental Health: What are the boundaries for practice?" - faculty presentation, Contemporary Forums Psychiatric Nursing Conference, May 2011, San Francisco, CA

"Understanding the placebo effect: helping the mind to heal itself" – faculty plenary presentation, Contemporary Forums Psychiatric Nursing Conference, May 2011, San Francisco, CA

"Differentiating bipolar disorder from borderline personality disorder" – Psychiatry Grand Rounds presentation, The Permanente Medical Group, June 2011, Redwood City, CA

"Why won't they take their meds? Utilizing motivational interviewing to prevent medication nonadherence" – Kaiser Permanente Nursing Conference, November 2011, Redwood City, CA

"Why won't they take their meds? Utilizing motivational interviewing to prevent medication nonadherence" – Faculty Presentation, US Psychiatry Congress, November 2011, Las Vegas, NV

"The Bipolar Spectrum: improving diagnosis and treatment" –Faculty Presentation, US Psychiatry Congress, November 2011, Las Vegas, NV

"Revisiting Old Friends: Helping your patients with first generation antipsychotics, tricyclic antidepressants, and lithium" – Faculty Presentation, Contemporary Forums Psychiatric Nursing Conferences, Philadelphia, PA and Las Vegas, NV – April/May 2012

"Spice, Bath Salts, and the Kitchen Sink: New drugs of abuse that you've (probably) never heard of" - " – Faculty Presentation, Contemporary Forums Psychiatric Nursing Conferences, Philadelphia, PA and Las Vegas, NV – April/May 2012

"More than Just the Blues: How Catching Depression Saves Lives" – invited presentation, Kaiser Permanente Redwood City Nursing Conference, September 2012

"Understanding the placebo effect: helping the mind to heal itself" – faculty presentation, US Psychiatry Congress, San Diego, CA, Nov 2012

"Spice, Bath Salts, and Salvia: Emerging drugs of abuse" – Faculty Presentation, US Psychiatry Congress, San Diego, CA, Nov 2012

"Spice, Bath Salts, and Salvia: Emerging drugs of abuse" – Grand Rounds, Sonoma County Mental Health, Santa Rosa, CA, Jan 2013

"Understanding the placebo effect: helping the mind to heal itself" – invited presentation, Oregon Psychiatric Association annual meeting, March 2013

"Future Frontiers in Mood disorders: Depression, Inflammation, and Ketamine" – Faculty Presentation, Contemporary Forums Psychiatric Nursing Conferences, New Orleans, LA and Philadelphia, PA, March 2013

"Future Frontiers in Mood disorders: Bipolar Update" – Faculty Presentation, Contemporary Forums Psychiatric Nursing Conferences, New Orleans, LA and Philadelphia, PA, March 2013

"Spice, Bath Salts, and Salvia: Emerging drugs of abuse" – Continuing Education Presentation, Kaiser Permanente, San Jose, CA, March 2013

"How Substances of Abuse Work and how not to die using them" – City College of San Francisco, Human Biology Lecture, April 2013

"The Perils and Promise of Psychoactive Drugs: a focus on harm reduction psychiatry" - Faculty Presentation, US Psychiatry Congress, San Diego, CA, Sept 2013

“Medicine or Menace? Working with cannabis use in a time of legalization.” – Invited Faculty Presentation, US Psychiatry Congress, Orlando, FL, Sept 2014

“(Brave New World revisited) Can psychedelics be catalysts for therapy?” – Invited Faculty Presentation, US Psychiatry Congress, San Diego, CA, Sept 2015

“Understanding the placebo effect: helping the mind to heal itself” – Invited presentation, Kaiser Redwood City Nursing Conference, Sept 2015

“The Ghost in the Machine? Understanding change phenomena in psychedelic assisted therapy” – Invited presentation, ERIE Symposia, Nov 2015

“Psychopharmacology refresher for therapists” – Invited presentation, The Well Clinic, San Francisco, CA –March 2016

“Understanding the placebo effect: helping the mind to heal itself” – Invited presentation, Santa Clara Valley Medical Center, Gastroenterology Grand Rounds–Sept 2016

“The Ghost in the Machine? Understanding change phenomena in psychedelic assisted therapy” – Invited Faculty Presentation in collaboration with Charles Raison, MD, US Psychiatry Congress, San Antonio, TX –October 2016

“Cannabis: What do Mental Health Professionals Need to Know?” - Invited Faculty Presentation, US Psychiatry Congress, San Antonio, TX –October 2016

“It Takes a Village: Collaborative Mental Health Care for the 21st Century Clinician” – Invited Faculty Presentation in collaboration with Marc Agronin, MD; Saundra Jain, PsyD; W Clay Jackson, MD, Catherine Judd, PA-C, US Psychiatry Congress, San Antonio, TX – October 2016

“Cannabis and Bipolar Disorder: What do we know, what do we still need to know?” – Invited presentation, International Bipolar Foundation webinar, October 2016
<https://www.youtube.com/watch?v=3z4oCCQ0Wbkg&t=5s>

“Elevated, Not High: The Promise of Psychedelic-Assisted Psychotherapy” – Invited Faculty Presentation in collaboration with Charles Raison, MD, Elevate –San Francisco, CA, March 2017

“Understanding the Psychiatric Effects of Cannabis: a Primer for Primary care” – invited Presentation, Palo Alto Medical Foundation, Santa Cruz, CA, May 2017

“Understanding the Psychiatric Effects of Cannabis” – Grand Rounds, Santa Cruz Mental Health Department, Santa Cruz, CA, August 2017

“A Walk on the Wild Side or the Right Side? The Role of Psychedelics, Cannabinoids, and Opioids in Psychiatric Treatment,” - invited Faculty Presentation in collaboration with Charles Raison, MD and Vladimir Maletic, MD – Psych Congress, New Orleans, LA September 2017

“Cannabis and bipolar disorder: What’s helpful? What’s harmful? What’s unknown?” - – Invited presentation, International Bipolar Foundation webinar, April 2018
https://www.youtube.com/watch?v=5V_8SvuJHvw&t=3s

“Working with psychiatric clients who use cannabis: a focus on harm reduction” - “ – Grand Rounds, Santa Cruz Mental Health Department, Santa Cruz, CA, May 2018

“Working with patients who use cannabis: a focus on harm reduction” - “ – NP Convocation, Kaiser Redwood City, September 2018

“Navigating the Landscape of Grief in Psychedelic Sessions” – Invited Presentation, California Institute for Integral Studies Certificate in Psychedelic Therapies and Research program, Sept 2018, October 2019

“Rethinking our relationship to sadness: therapeutic importance of differentiating grief from depression”, - Invited Faculty Presentation, Psych Congress, Orlando, FL, October 2018
<https://www.youtube.com/watch?v=7c2VkPuKTtQ&t=1s>

“Tantalizingly close: an update on emerging psychedelic research and a report from a psychedelic psychotherapist trainee” - Invited Faculty Presentation, Psych Congress, Orlando, FL, October 2018

“Walk the Walk: Case-Based Learnings of the Neurobiological Basis and Advanced Psychopharmacology and Wellness Practices” - Invited Faculty Presentation with Rakesh Jain, MD, MPH, Saundra Jain, MA, PsyD, LPC, Vladimir Maletic, MD, MS, Charles Raison, MD, Psych Congress, Orlando, FL, October 2018

“Working with psychiatric clients who use cannabis: a focus on harm reduction” - “ – Invited Keynote address, New Jersey Society of Psychiatric Advanced Practice Nurses, Monmouth University, NJ November 2018

“Cannabis and Psychiatry: an American Perspective” – Invited keynote address, Medical Cannabis & Cannabinoids EU: Where Do We Go From Here, Frankfurt, Germany, Scheduled November 2018

“Working with clients who use cannabis: a practical, harm reduction focused approach” - Invited lecture with Maria Mangini, PhD, FNP, Fairfield University, Fairfield, CT -March 2019

“HIV, Palliative Care Nursing, and Mental Health: A Case for Psychedelics” – Invited guest lecture with Brian Anderson, MD, N249D (UCSF Palliative care nursing), August 2019

“Confused about Cannabidiol? A Scientific and Rational Examination of its Risks and Benefits in Psychiatry” - “ – Psych Congress, San Diego, CA, October 2019

“Demystifying Acute Psychosis and Psychotic Disorders: The Case of Emperor Norton” – Faculty Lecture, N257 (Assessment and Management of Common Psychiatric Conditions), UCSF School of Nursing, San Francisco, CA – October 2019 <https://tinyurl.com/y4qgwj4w>

“Psychedelic Assisted Therapy in the Geriatric/Palliative Care Setting” – Invited Hartford Trailblazing lecture with Brian Anderson, MD, Center for Gerontological Excellence, UCSF School of Nursing, October 2019

“Psychedelic Assisted Therapies as Novel Treatments for Depression, Anxiety and PTSD” – 18th Annual Psychopharmacology Update, Cincinnati, OH, October 2019

“Masterclass on Psychedelic Assisted Therapy”, MDEdge Podcast, Nov 2019,
<https://www.mdedge.com/podcasts/psychcast/psychedelic-assisted-psychotherapy-andrew-penn>

“The Endocannabinoid system in the PACU” – Invited talk, UCSF PACU Nursing Conference, November 2019

“Getting Unstuck: the promise of psychedelic assisted therapies”– Invited talk, SF VA/UCSF NP residency program, November 2019

“Getting Unstuck: the promise of psychedelic assisted therapies”– Invited talk, UCSF Langley Porter Depression Center for Excellence meeting, November 2019

“Working with clients who use cannabis: a practical, harm reduction focused approach” – Invited talk, SF VA/UCSF NP residency program, January 2020

“Gabapentinoids: safe anxiolytic or active placebo?” - “Invited talk, SF VA/UCSF NP/MD residency program, February 2020

“Getting Unstuck: the promise of psychedelic assisted therapies”– Invited talk APNA Clinical Psychopharmacology Institute, San Diego, CA (online) March 2020

“Getting Unstuck: the promise of psychedelic assisted therapies” – Invited presentation, Wright Institute Graduate School of Psychology, Berkeley, CA, *Scheduled March 2020, rescheduled post COVID19*

“Medication assisted therapy for PTSD” – Invited rounds, PTSD Clinical Treatment Clinic, San Francisco Veterans Administration Hospital, Department of Psychiatry, March 2020

“The Self-Diagnosing Patient: How do you work with them?” – Invited talk, Elevate, Las Vegas, NV, July 2020

“The Self-Diagnosing Patient: How do you work with them?” – Invited talk, San Francisco Veterans Administration Hospital, Department of Psychiatry, August 2020

“Getting Unstuck: the promise of psychedelic assisted therapies”- Invited talk, California Association for Clinical Social Work, Palo Alto, CA, September 2020

“When the patient has decided that cannabis is their medicine.” -Invited Talk, Psych Congress, Nashville, TN, Sept 2020

“Medicine Meets Imagination: Envisioning a Future of Psychedelic Psychiatry” - Interview with Charles Raison, MD, Psych Congress, Nashville, Sept 2020

“Nursing: Caring Science meets Psychedelic Assisted Psychotherapy for Depression and PTSD”– Accepted workshop with Bruce Pouter, MSN, RN, American Association of Psychiatric Nurses National Conference, September 2020

“From Shock to Awe: Film Screening and Panel Discussion on Psychedelic Assisted Therapies in the VA”, Invited panel with Rachel Yehuda, PhD; Josh Woolley, MD, PhD, and Emily Horowitz, PhD, at San Francisco VA, October 2020

“Getting Unstuck: the promise of psychedelic assisted therapies”– Invited Grand Rounds, Alta Bates Hospital, Berkeley, CA, November 2020

“Nurses and the growing field of Psychedelic Assisted Psychotherapy” – invited interview on The Nurse Keith Show podcast <https://nursekeith.com/episode319/> - April 2021

“Getting Unstuck: the promise of psychedelic assisted therapies”– Invited Postdoc presentation, Kaiser Psychology Consortium, May 2021

“What can nursing teach us about how to be a psychedelic therapist?” – Invited talk, BAND/Thrive Lab Postdoc presentation, May 2021

“The Pharmacology of Tobacco Harm Reduction” – Invited Talk, Tobacco Harm Reduction Research Project, UCSF, May 2021

“What can nursing teach us about how to be a psychedelic therapist?” – Invited talk, Hospice Foundation of the Monterey Bay, Monterey, CA, May 2021

“What can nursing teach us about how to be a psychedelic therapist?” - Invited Talk, Boston International Trauma Conference, May 2021

“Navigating Uncertainty: Successfully Transitioning to Practice, Preventing Burnout, and Confronting Imposter Syndrome” – Accepted talk with Rosalind De Lisser, MS, PMHNP, Elevate, Las Vegas, NV, June 2021

“Psychedelics: state of the science” – Invited Presentation with David Nichols, PhD, Bunnick Lab, University of Texas, San Antonio, August 2021

“Understanding Cannabis in Psychiatric Nursing Practice: A harm reduction approach” – Invited talk, American Association of Nurse Practitioners, Miami, FL, September 2021

“What can nursing teach us about how to be a psychedelic therapist?” - Invited Talk, American Association of Nurse Practitioners, Miami Fla, September 2021

“Reunited and it Feels So Good: Psychiatry and Psychotherapy Magnify Each Other with Psychedelics”, Psych Congress, Invited Session, San Antonio, Tx, October 2021

“What can nursing teach us about how to be a psychedelic therapist?” - Invited Talk, American Association of Psychiatric Nurses, Louisville, KY, October 2021

“When a Pandemic Hands You Lemons, Make Lemonade: How We Used Evidence-Based Teaching Strategies to Improve Our Psychiatric Assessment and Management Course as We Transitioned to Remote Learning”- Invited Talk with Beth Phoenix, PhD, American Association of Psychiatric Nurses, Louisville, KY, October 2021

“A Brief History of Psychedelics” – Invited Guest Lecture History 385, Western Illinois University, Macomb IL (Professor Peter Cole)

“Getting Unstuck: the promise of psychedelic assisted therapies”– Invited Guest Lecture, UCSF Integrative Health Elective course, October 2021

“Psychedelic Assisted Psychotherapy Practices and Human Caring Science: Towards a Care-Informed Model of Treatment” – Accepted talk, Oxford University, OXFORD EMPATHY PROGRAMME: Empathy in Healthcare: 3rd Biennial Colloquium, Nov 2021, Oxford, UK

“Psychedelic Assisted Psychotherapy Practices and Human Caring Science: Towards a Care-Informed Model of Treatment” – Invited talk, Cleveland Clinic Psychedelic Science Interest Group, Cleveland, OH, December 2021

“The Need for Nurses in Psychedelics, the Placebo Effect, and Appreciating the Subtle” – Psychedelics Today Podcast, Jan 2022

“Where Psychedelics and Nursing Collide: Back to the Basics” – Brave to the Bone Podcast, invited interview, January 2022

Wellness Summit workshop developer and Leader, Ruth Asawa School of The Arts, San Francisco CA
Developed and delivered an interactive workshop for high school students - “How Drugs Work and How Not to Die Using Them.” Jan 2022

“Psychedelic Therapy with Andrew Penn” – Mindful Matters Podcast, Feb 2022

“What Happens in Psychedelic Therapy” – University of Pennsylvania School of Nursing “A Journey Through the Psychedelic Renaissance” speaker series, invited speaker, Feb 2022

“Psychedelics at end of life”– SXSW, Austin, Tx – Invited Panelist with Julie Holland, MD; Melloday Hayes, MD, and Shoshana Ungerleider, MD, March 2022

“Reunited and it feels so good: Psychiatry and Psychotherapy Magnify Each Other With Psychedelics” - Invited Guest Lecture, Kaiser West Bay Postdoctoral Fellowship, April 2022

“Current Psychedelic Research at UCSF” – San Francisco Bicycle Day Event, Discussion Panel, April 2022, 2023

“Psychedelic Assisted Psychotherapy Practices and Human Caring Science: Towards a Care-Informed Model of Treatment” – Invited talk, British Transpersonal Association, May 2022

“Introducing Psychedelics: A New Future for Mental Healthcare” – Elevate, Las Vegas, NV, June 2022

“Visionary Approaches: Psychedelics as Therapy” – Aspen Health Ideas Festival, Invited panelist with Jeeshan Choudry, MD; Rachel Yehuda, MD, Shoshana Ungerleider, MD, June 2022

“Psychedelics as Medicine: A History of Where We’ve Been and a Map of Where We’re Going” – with Charles Raison, MD, Psych Congress, New Orleans, September 2022

“We’re all Really Tired Looking at Gratitude as an Antidote to Pandemic Burnout” – with Sandra Jain, PsyD, Psych Congress, New Orleans, September 2022

“Psychedelic-Assisted Therapy: How is it Different From What We Already Do?” - Psych Congress, New Orleans, September 2022

“Making Decisions with Biomedical Evidence: Intro to Evaluation and Critique of Biomedical Data on Psychedelic Therapies” Berkeley Center for Psychedelics, September 2022

“Modern psychedelic-assisted therapy (PAT) protocols: focus on psilocybin and MDMA” - Berkeley Center for Psychedelics, September 2022

“Overview of psychedelic therapies” – Invited Guest Lecture, UCSF Integrative Health Elective course, October 2022

“Getting Unstuck: the promise of psychedelic assisted therapies”– Invited Guest Lecture, UCSF Advanced Practice Conference, October 2022

“Psychiatry and wellness – what is the connection?” – Invited Clinical Expert Lecture, Institute of Mental Health, Singapore Ministry of Health –November 2022

“Depression and Anxiety: the past and future of medication treatments” - Invited Clinical Expert Lecture, Institute of Mental Health, Singapore Ministry of Health –November 2022

“Schizophrenia and Bipolar Disorder: the past and future of medication treatments” - Invited Clinical Expert Lecture, Institute of Mental Health, Singapore Ministry of Health –November 2022

“Why won’t patients take their meds? Understanding and preventing medication non-adherence” - - Invited Clinical Expert Lecture, Institute of Mental Health, Singapore Ministry of Health –November 2022

“Future Frontiers in Psychiatry: The treatments we’ll likely see next” - Invited Clinical Expert Lecture, Institute of Mental Health, Singapore Ministry of Health –November 2022

“The self-diagnosing patient: How to Work with Them”- Invited Clinical Expert Lecture, Institute of Mental Health, Singapore Ministry of Health –November 2022

“Moving beyond the hospital to the community”- Invited Clinical Expert Lecture, Institute of Mental Health, Singapore Ministry of Health –November 2022

Prescribing practices in mental health nursing today and future - ” - Invited Clinical Expert Lecture, Institute of Mental Health, Singapore Ministry of Health –November 2022

"Harm Reduction: What is it and how can we use it with our patients?" - Invited Clinical Expert Lecture, Institute of Mental Health, Singapore Ministry of Health –November 2022

"Building your clinical rolodex" – SF VA Resident Didactic – November 2022

"Elements of Psychedelic Assisted Therapy with Andrew Penn, PMHNP" – Psychedelic Medicine Association Podcast, https://psychedelicmedicineassociation.org/podcast_episodes/elements-of-comprehensive-psychedelic-assisted-psychotherapy-with-andrew-penn-pmhnp/ - December 2022

"Interested in Clinical Trials for Psychedelic Medicine?" – Mind Body Politics Podcast – <https://podcasts.apple.com/us/podcast/mind-body-health-politics/id991132168> - December 2022

"What Can Nursing Teach Us About How to Be a Psychedelic Therapist" – Invited presentation to Compass Pathways, London, UK, CA - February 2023

"What Can Nursing Teach Us About How to Be a Psychedelic Therapist" – Invited presentation to University of Calgary, School of Nursing, Alberta, CA - February 2023

"Psychedelics Research at UCSF" - Invited speaker, UCSF Alumni Day (With Robin Carhart-Harris, PhD and Jennifer Mitchell, PhD), April 2023

"What Can Nursing Teach Us About How to Be a Psychedelic Therapist" – Invited presentation to UCSF Psychedelic and Entheogenic Academic Council - May 2023

"Principles of Psychopharmacology" (presenting on the history of psychopharmacology)- (with Rakesh Jain, MD and Craig Chepke, MD) NP Institute, Boston, MA, April 2023

"How to Choose the Right Antidepressant for Your Patient" (with Michael Thase, MD) NP Institute, Boston, MA, April 2023

"The Future of Depression Care: Exploring Rapid Acting Agents and Psychedelics" - (with Rakesh Jain, MD) NP Institute, Boston, MA, April 2023

"Mastering the Art of Deprescribing" (with Saundra Jain, PsyD) NP Institute, Boston, MA, April 2023

"Bringing it All Together: Next Steps When You Return to Practice" (with Julie Carbray, PhD, APRN) NP Institute, Boston, MA, April 2023

"Psychedelic Medicine with Andrew Penn" The Mindfulness Experience Podcast, <https://theminfulnessexperience.podbean.com/e/s02e48-mr-andrew-penn-rn-np-psychedelic-healthcare/> , June 2023

"Is it 4:20 yet? Successful Management of the Cannabis-Using Patient" (with Jonathan Williams, DNP, PMHNP), Elevate, Las Vegas, CA, June 2023

"Psychedelic Science and Medicine" - Panel discussion (with David Presti, PhD; Kwasi Aduesi, DNP, PMHNP; Nicole Howell, ESQ), TEDxMarin, June 2023

"Who should be a psychedelic therapist?" – Panel discussion (with Mary Cosimano, LCSW and Belinda Eriacho, MPH, MT), Psychedelic Science Conference, Denver, CO, June 2023

"Creating Professional Guidelines, Standards, and Certifications for Psychedelic Assisted Therapy Practitioners" (Panel with Anthony Back, MD, Will van der Veer, MD, Natalie Gukasyan, MD, Shannon Carlin, LMFT, and Jordan Slosower, MD), Psychedelic Science Conference, Denver, CO, June 2023

"Updates in Psychedelics: Where are we now and where are we headed?" – Invited presentation, Telecare Mental Health Grand Rounds, July 2023

"How to keep psychedelics from going off the rails" – presentation with Charles Raison, MD, Psych Congress, Nashville, TN, *scheduled September 2023*

"Expert Panel- Cavalry Isn't Coming- Clinician Burnout in a Post-Covid World" (panelist with Carl Spitzer, MD; Joshua Paredes, RN; Saundra Jain, PsyD, LPC) - Psych Congress, Nashville, TN, *scheduled September 2023*

"Updates in Psychedelics: Where We Are Now and Where We Are Headed" - invited presentation Psych Congress, Nashville, TN, *scheduled September 2023*

"Exploring the Science of Cannabis: Navigating Benefits, Risks, and Interactions" - invited presentation Psych Congress, Nashville, TN, *scheduled September 2023*

Publication

Penn, A (2013) *Stories engage, but data convinces: support for psychedelics in psychiatry.* Multidisciplinary Association for Psychedelics Studies Bulletin

Penn, A (2013) *Listening to Nurses (letter to the editor),* American Journal of Nursing, 113:7

Penn, A (2014) *The problem with our national dialogue on cannabis.* Psych Congress Blog series <http://www.psychcongress.com/blogs/andrew-penn/problem-our-national-dialogue-cannabis>

Penn, A (2014) *Three things that your cannabis using patients know that you may not.* Psych Congress Blog series <http://www.psychcongress.com/blogs/andrew-penn-rn-ms-np-cns-aprn-bc/three-things-your-cannabis-using-patients-know-you-may-not>

Penn, A (2014) *How clinicians should respond to the death of Robin Williams.* Psych Congress Blog series <http://www.psychcongress.com/blogs/andrew-penn-rn-ms-np-cns-aprn-bc/how-clinicians-should-respond-death-robin-williams>

Penn, A (2014) *Does Cannabis delay emotional maturity? More reasons to hold off on using cannabis until adulthood.* Psych Congress Blog Series, <http://www.psychcongress.com/blog/92082>

Penn, A (2015) *Cannabis exposure may lead to psychosis.* Psych Congress Blog series, <http://www.psychcongress.com/blogs/andrew-penn-rn-ms-np-cns-aprn-bc/cannabis-exposure-may-lead-psychosis>

Penn, A (2015) *A Brave New World for Psychedelic Assisted Psychotherapy?* Psych Congress Blog Series <http://www.psychcongress.com/blogs/andrew-penn-rn-ms-np-cns-aprn-bc/psychedelic-assisted-psychotherapy-brave-new-world>

Penn, A (2015) *Can Psychedelics Target Overly Rigid Brain Networks?* Psych Congress Blog Series <http://www.psychcongress.com/blogs/andrew-penn-rn-ms-np-cns-aprn-bc/can-psychedelics-target-overly-rigid-brain-networks>

- Penn, A** (2015) *How Psychedelics May Accelerate Psychotherapy* Psych Congress Blog Series
<http://www.psychcongress.com/blogs/andrew-penn-rn-ms-np-cns-aprn-bc/how-psychedelics-may-accelerate-psychotherapy-mdma-psilocybin>
- Penn, A** (2015) *Psychedelics: What to Tell Patients Today* Psych Congress Blog Series
<http://www.psychcongress.com/blogs/andrew-penn-rn-ms-np-cns-aprn-bc/psychedelics-what-tell-patients-today>
- Penn, A** (2015) *Psychedelics: What to Tell Patients Today*. Psych Congress Network Journal Vol 1(2)
- Penn, A** (2016) *Not Good Enough: Addressing the Cancer of Clinician Shame*, Psych Congress Blog Series
<http://www.psychcongress.com/blogs/andrew-penn-rn-ms-np-cns-aprn-bc/not-good-enough-addressing-cancer-clinician-shame>
- Penn, A** (2016) *Clinician Shame: Making Peace with the Unfixable*, Psych Congress Blog Series
<http://www.psychcongress.com/blogs/andrew-penn-rn-ms-np-cns-aprn-bc/clinician-shame-making-peace-unfixable>
- Penn, A** (2016) *The Art of Sitting With and Finding Meaning in Suffering*
<http://www.psychcongress.com/blog/art-sitting-and-finding-meaning-suffering>
- Penn, A** (2016) *The Bridges Built at Psych Congress: Psych Congress Blog Series*
<http://www.psychcongress.com/blog/bridges-built-psych-congress>
- Penn, A** (2016) *Psychiatry Must Call for More Research Into Therapeutic Uses for Cannabis*
<http://www.psychcongress.com/blog/psychiatry-must-call-more-research-therapeutic-uses-cannabis>
- Penn, A** (2016) *Leonard Cohen: Healing the Divided Self, Healing a Divided Nation*
<http://www.psychcongress.com/blog/leonard-cohen-healing-divided-self-healing-divided-nation>
- Penn, A** (2016) *Psilocybin Studies: A New Ray of Hope for Psychiatry?*
<http://www.psychcongress.com/blog/psilocybin-studies-new-ray-hope-psychiatry>
- Penn, A** (2016) *Patti Smith: The Grace of Starting Again*
<http://www.psychcongress.com/blog/patti-smith-grace-starting-again>
- Penn, A** (2017) *A Fitting Place to Consider the Future of Psychiatry*
<http://www.psychcongress.com/blog/fitting-place-consider-future-psychiatry>
- Penn, A** (2017) *Responding to Not Knowing: Playing Big and Playing Small*
<http://www.psychcongress.com/blog/responding-not-knowing-playing-big-and-playing-small>
- Penn, A** (2017) *Leveling the Playing Field to Improve Medication Adherence*
<http://www.psychcongress.com/blog/leveling-playing-field-improve-medication-adherence>
- Penn, A** (2017) *Overcoming the Phenomenon of Imposter Syndrome*
<http://www.psychcongress.com/blog/overcoming-phenomenon-imposter-syndrome>
- Penn, A** (2017) *Separating Towards Wholeness: The Solar Eclipse and Psychotherapy*
<http://www.psychcongress.com/blog/separating-towards-wholeness-solar-eclipse-and-psychotherapy>
- Penn, A** (2017) *Playing Big: Another Manifestation of the Imposter Syndrome*
<http://www.psychcongress.com/blog/playing-big-another-manifestation-imposter-syndrome>
- Penn, A** (2017) *Bearing Witness Is Our Greatest Offering*
<https://www.psychcongress.com/blog/bearing-witness-our-greatest-offering>
- Penn, A** (2017) *Depression as Disconnection: New Lessons from Psychedelic Psychotherapy Studies*

<https://www.psychcongress.com/blog/depression-disconnection-new-lessons-psychedelic-psychotherapy-studies>

Penn, A (2018) *The Shape of Water: A Bathysphere into the Unconscious*
<https://www.psychcongress.com/blog/shape-water-bathysphere-unconscious>

Penn, A (2018) *Disconnecting From Others to Explore Our Inner World*
<https://www.psychcongress.com/blog/disconnecting-others-explore-our-inner-world>

Penn, A (2018) *You Can Only Take Patients As Far As You've Gone Yourself*
<https://www.psychcongress.com/blog/you-can-only-take-patients-far-youve-gone-yourself>

Penn, A (2018) *A Turning Point for Psychedelics?*
<https://www.psychcongress.com/blog/turning-point-psychedelics>

Penn, A (2018) *Let's Lead the Conversation About Suicide*
<https://www.psychcongress.com/blog/let%E2%80%99s-lead-conversation-about-suicide>

Penn, A, Ot'Alora, M, Raison, C (2018) *MDMA-Assisted Psychotherapy for Post Traumatic Stress Disorder*, Chapter in the Casebook of Positive Psychiatry, American Psychiatric Association Press

Penn, A (2018) *Disconnecting From Others to Explore Our Inner World*
<https://www.psychcongress.com/blog/disconnecting-others-explore>

Penn, A (2018) *An Intimacy with Gravity*
<https://www.psychcongress.com/blog/intimacy-gravity>

Penn, A (2018) *Grief: A Most Common Experience of Being Human*
<https://www.psychcongress.com/blog/grief-most-common-experience-being-human>

Penn, A (2018) *In Praise of Glacial Change*
<https://www.psychcongress.com/blog/praise-glacial-change>

Penn, A (2018) *Defeating Depression by Connecting with Others and the World*
<https://www.psychcongress.com/blog/defeating-depression-reconnecting-others-and-world>

Penn, A (2019) *Are Benzodiazepines the Next Opioid Crisis?*
<https://www.psychcongress.com/article/are-benzodiazepines-next-opioid-crisis>

Penn, A (2019) *Notre Dame Burning: Grieving the Loss of Awe*
<https://www.psychcongress.com/article/notre-dame-burning-grieving-loss-awe>

Penn, A (2019) *The Psychedelic Aspect of Esketamine is an Opportunity not a Side Effect*
<https://www.psychcongress.com/article/psychedelic-aspect-esketamine-opportunity-not-side-effect>

Penn, A (2019) *It's Time to Ease the Restrictions on Buprenorphine*
<https://www.psychcongress.com/article/its-time-question-restrictions-buprenorphine>

Penn, A (2019) *Cannabinoids and mental health, part 1: The endocannabinoid system and exogenous cannabinoids*. Journal of Psychosocial Nursing and Mental Health Services, 57(9), 7-10.
doi:10.3928/02793695-20190813-01

Penn, A (2019) *Cannabidiol Popularity Raises Questions for Clinicians*
<https://www.psychcongress.com/article/cannabidiol-popularity-raises-questions-clinicians>

Penn, A (2019) *Cannabinoids and Mental Health, part 2: The search for clinical applications*. Journal of Psychosocial Nursing and Mental Health Services, 57(10) 7-11.
doi:10.3928/02793695-20190919-0

- Penn, A** (2019) *Grieving in Private, Yet Communally*
<https://www.psychcongress.com/article/grieving-private-yet-communally>
- Penn, A** (2019) *The Brave New World of Procedural Psychiatry*
<https://www.psychcongress.com/article/brave-new-world-procedural-psychiatry>
- Penn, A** (2019) *Psychedelics and Wellness: What's the connection?*
<https://www.psychcongress.com/article/psychedelics-and-wellness-whats-connection>
- Penn, A** (2020) *Australia is Burning and the Magpies Want to Know Why*
<https://www.psychcongress.com/article/australia-burning-and-magpies-want-know-why>
- Penn, A** (2020) *Mental Health Care in Walmart: Increasing access or shortchanging the profession?*
<https://www.psychcongress.com/article/mental-health-care-walmart-increasing-access-or-shortchanging-profession>
- Penn, A** (2020) *Coronavirus Crisis: Staying Safe, Smart, and Kind*
<https://www.psychcongress.com/article/coronavirus-crisis-staying-safe-smart-and-kind>
- Penn, A** (2020) *Navigating the Emotions of a Pandemic*
<https://www.psychcongress.com/article/navigating-emotions-pandemic>
- Penn, A** (2020) *Making Room for Grief During a Pandemic*
<https://www.psychcongress.com/article/making-room-grief-during-covid-19>
- Penn, A** (2020) *The Search for Acceptance and Meaning in COVID-19*
<https://www.psychcongress.com/article/search-acceptance-and-meaning-covid-19>
- Rosa, W; Dorsen, C; **Penn, A** (2020) *Fostering Nurse Engagement in Psychedelic-Assisted Therapies for Patients with Serious Illness*, Letter to [Journal of Palliative Medicine](#)
- Penn, A** (2020) *Psychology Today: Missing the Essential during COVID-19*
<https://www.psychologytoday.com/us/blog/psyche-meets-soul/202005/missing-the-unesential-during-covid-19>
- Penn, A** (2020) *Resilience and Growth in the Face of a Pandemic*
<https://www.psychcongress.com/article/resilience-and-growth-face-pandemic>
- Penn, A** (2020) *Psychology Today: The Path Out of COVID-19 Means Letting Go of Certainty*
<https://www.psychologytoday.com/us/blog/psyche-meets-soul/202005/the-path-out-covid-19-means-letting-go-certainty>
- Penn, A** (2020) *Psychology Today: What Can the HIV/AIDS Pandemic Teach Us About COVID-19?*
<https://www.psychologytoday.com/us/blog/psyche-meets-soul/202006/what-can-the-hiv-aids-pandemic-teach-us-about-covid-19>
- Penn, A** (2020) *Psychology Today: Not Letting the Perfect Be the Enemy of the Good*
<https://www.psychologytoday.com/us/blog/psyche-meets-soul/202006/not-letting-the-perfect-be-the-enemy-the-good>
- Penn, A** (2020) *Treating Patients that Have Made Cannabis Their Medicine*
<https://www.psychcongress.com/article/treating-patients-who-have-made-cannabis-their-medicine>
- Penn, A** (2020) *Psych Congress to Bring Psychedelic Assisted Therapies into Focus*
<https://www.psychcongress.com/article/psych-congress-bring-psychedelic-assisted-therapies-focus>
- Penn, A** (2020) *Psychology Today: The Western Wildfires: Reminders of Inescapable Impermanence*
<https://www.psychologytoday.com/us/blog/psyche-meets-soul/202009/the-western-wildfires-reminders-inescapable-impermanence>

Penn, A (2020) *A Nurse's Call for Keeping The Human in Psychedelic Assisted Therapy*
<https://chacruna.net/psychedelic-therapy-future-fiction>

Penn, A (2020) *Psychedelic Assisted Therapy: The Future of PTSD and Depression Treatment*
<https://pro.psychom.net/psychopharmacology/psychedelic-assisted-therapy-ptsd-depression>

Penn, A (2020) *Psychology Today: How to be a Psychedelic Therapist*
<https://www.psychologytoday.com/us/blog/psyche-meets-soul/202011/how-become-psychedelic-therapist>

Torres, S & **Penn, A** (2020) Op-Ed: Nurses are crucial to the pandemic response. Why aren't they on Biden's COVID-19 board? (*Los Angeles Times* Nov 23, 2020 OpEd)
<https://www.latimes.com/opinion/story/2020-11-23/nurses-biden-covid-advisory-board>

Penn, A (2020) *Psychology Today: "Soul:" A Psychedelic Adventure Into Meaning.*
<https://www.psychologytoday.com/us/blog/psyche-meets-soul/202101/soul-psychedelic-adventure-meaning>

Penn, A (2021) *Immunization and Insurrection: Will the Better Angels of Our Nature Prevail?*
<https://www.psychcongress.com/article/immunization-and-insurrection-will-better-angels-our-nature-prevail>

Penn A, (2021) *Our Losses Take Many Forms*, Chapter in: [Navigating the Pandemic: Stories of Hope and Resilience](#), Werth TS (Ed). Page Publishers, Conneaut Lake, PA

Penn A, (2021) *We Can't Let a Perfectly Good Crisis Go to Waste*, Chapter in: [Navigating the Pandemic: Stories of Hope and Resilience](#), Werth TS (Ed). Page Publishers, Conneaut Lake, PA

Penn AD, Phelps J, Rosa WE, Watson J (2021) *Psychedelic Assisted Psychotherapy Practices and Human Caring Science: Toward a Care-informed Model of Treatment*, [Journal of Humanistic Psychology](#)

Hendin, H & **Penn, A** (2021) *An episode of mania following self-reported ingestion of psilocybin mushrooms in a woman previously not diagnosed with bipolar disorder: A case report*, [Bipolar Disorders](#)

Penn, A; Dorsen, C; Hope S; Rosa, W (2021) *Nurses and the Psychedelic Renaissance: Considerations for Emerging Treatments*; [American Journal of Nursing](#)

Penn, A (2021) *Psychology Today: Where have all the therapists gone?*
<https://www.psychologytoday.com/us/blog/psyche-meets-soul/202107/where-have-all-the-therapists-gone>

Penn, A (2021) *How I Joined the Secret SSRI Circles of 1985* <https://chacruna.net/joining-secret-ssri-circles-1985/>

Gard D, Pleet M, Bradley, ER, **Penn, A,** Gallenstein ML, Riley, LS, DellaCrosse M, Garfinkle, E, Michalak, EM, Woolley, JD (2021) *Evaluating the Risk of Psilocybin for the Treatment of Bipolar Depression: A Systematic Review of Published Case Studies*, [Journal of Affective Disorders Reports](#), Vol 6 <https://doi.org/10.1016/j.jadr.2021.100240>.

Penn, A (2021) Psychology Today: *What Nine Perfect Strangers Got Wrong About Psychedelics* <https://www.psychologytoday.com/us/blog/psyche-meets-soul/202110/what-nine-perfect-strangers-got-wrong-about-psychedelics>

Penn, A (2022) The Return of Personal Analysis: Clinicians Share Own Ketamine Experiences, *Psycom Pro*

Penn, A (2022) How New NP's Can Find Mentors, <https://www.hmpgloballearningnetwork.com/site/pcn/blog/how-new-nps-can-find-mentors>

Raison, CL, Jain, R, **Penn AD**, Cole SP, Jain, S (2022) Effects of naturalistic psychedelic use on depression, anxiety and well-being: associations with patterns of use, reported harms and transformative mental states, *Frontiers in Psychiatry*

Stein C, **Penn AD**, Dorsen C, Van Hope S, Mangini, M (2022) Trust the process: an overview of the history, pharmacology, and clinical applications of psychedelic medicines as it pertains to midwives and their practice, *Journal of Midwifery and Women's Health*

Dorsen C, **Penn A**, Carew N, Lloyd M (2022) A Rare Case of MDMA-Induced Hyponatremia, *The Journal for Nurse Practitioners*, ISSN 1555-4155, <https://doi.org/10.1016/j.nurpra.2022.10.013>.

Penn, A (2022) Psychology Today: *What a Pandemic and a Little Bird Taught me about Paying Attention* <https://www.psychologytoday.com/us/blog/psyche-meets-soul/202302/what-a-pandemic-and-a-little-bird-taught-me-about-attention>

Penn, A (2022) Psychology Today How Artificial Intelligence Could Change Psychotherapy <https://www.psychologytoday.com/us/blog/psyche-meets-soul/202303/how-artificial-intelligence-could-change-psychotherapy>

Penn, A (2023) Psychology Today: Should you be a bystander? It can be a hard choice <https://www.psychologytoday.com/us/blog/psyche-meets-soul/202308/should-you-be-a-bystander-or-not-it-can-be-a-hard-choice>

Penn, A & Yehuda, R (2023) Preventing the gaps in psychedelic research from becoming practice pitfalls: a translational research agenda, *Psychedelic Medicine*, epub ahead of print

Herrmann, Z., Levin, A. W., Cole, S. P., Slabaugh, S., Barnett, B., **Penn, A.**, Jain, R., Raison, C., Rajanna, B., & Jain, S. (2023). Psychedelic Use Among Psychiatric Medication Prescribers: Effects on Well-Being, Depression, Anxiety, and Associations with Patterns of Use, Reported Harms, and Transformative Mental States. *Psychedelic Medicine*. <https://doi.org/10.1089/psymed.2023.0030>

Raison, C. L., Sanacora, G., Woolley, J., Heinzerling, K., Dunlop, B. W., Brown, R. T., Kakar, R., Hassman, M., Trivedi, R. P., Robison, R., Gukasyan, N., Nayak, S. M., Hu, X., O'Donnell, K. C., Kelmendi, B., Slushower, J., **Penn, A. D.**, Bradley, E., Kelly, D. F., Mletzko, T., ... Griffiths, R. R. (2023). Single-Dose Psilocybin Treatment for Major Depressive Disorder: A Randomized Clinical Trial. *JAMA*, 10.1001/jama.2023.14530. Advance online publication. <https://doi.org/10.1001/jama.2023.14530>

Professional Service

US Psychiatric Mental Health Congress (2010-present)

Reviewed presentation abstracts/proposals and power point presentations for rigor and relevancy. I have served as nurse reviewer and co-chair for Psych Congress, Elevate, Sana Symposium, and NP Institute

UC San Francisco, Langley Porter Psychiatric Institute, Depression Center Community Advisory (2010-2014)

Served as a volunteer board member to UCSF's department of psychiatry in their efforts to create a national center for excellence for the treatment of depression.

American Psychedelic Practitioners Association, Psychedelics Standards of Care Workgroup (2022-Present)

Advisor to workgroup developing Professional Practice Guidelines for future psychedelic therapies

Board of Psychedelic Medicine and Therapies (BMPT), Psychedelic Therapist Certification Exam Workgroup (2022- Present). Subject matter expert for development of future certification exam. Worked on search committee for seating a new board of directors.

British Transpersonal Association (2022- present)

Advisory Board Member to UK-based psychedelic nonprofit organization

Psycom Pro (2020-present)

Editorial Board Member

Journal of the American Psychiatric Nurses Association (2017-present)

Reviewed manuscripts for publication.

American Nurse Today (American Nurses Association) (2019-present)

Reviewed manuscripts for publication

Journal of Psychoactive Drugs (2020-Present)

Reviewed manuscripts for publication

Current Psychiatry (2020-Present)

Reviewed manuscripts for publication

Journal of the Neurological Sciences (2021- Present)

Reviewed manuscripts for publication

Frontiers in Psychiatry (2022-Present)

Reviewed manuscripts for publication

Psychoactives (2022-Present)

Reviewed manuscripts for publication

Canadian Journal of Bioethics (2023-Present)

Reviewed manuscripts for publication

International Journal of Mental Health Nursing (2023-Present)

Reviewed manuscripts for publication

Haight-Ashbury Free Clinic (2021-Present): Informal advisor to Dr David Smith

Consultation

Kaiser Permanente, Redwood City – Chronic Pain/Chemical Dependency/Psychiatry 2009-2016

Served as a consultant to a multidisciplinary team treating patients with complex chronic pain, psychiatric, and substance abuse issues. Primarily provided psychiatric guidance to pain physician and RN.

Vera Juris Medical-Legal Consulting, San Diego, CA, 2016

Served as a consultant to a defendant in a NP malpractice case involving tardive dyskinesia

Garrett Hermann Robertson PC, Salem, OR, 2017

Served as a consultant to a defendant in a NP malpractice case involving lithium toxicity

Owens-Vanderberg, Attorneys-at-law, Seattle, WA, 2019

Served as a consultant to a plaintiff in a NP malpractice case involving patient suicide

Guidepoint consulting, 2022

Served as a due-diligence consultant for psychedelic sector investors

Tarin Hale, JD, Indiana 2022

Provided an amicus brief to a state court prosecuting a nurse for psilocybin possession

Baum, O'Connor, Cullen, Chimiel, Pittsburgh, PA, 2023

Served as a consultant to a defendant in a NP malpractice case involving lithium toxicity

Filament, San Francisco, CA (2022-Present)

Member, community advisory board

Osmind, San Francisco, CA (2023-Present)

Member, community advisory board

Mind Med, New York, NY (2022)

Psychedelic clinical trial design consultant

Alexander Shulgin Research Institute (2022)

Pharmaceutical compound consultant

Compass Pathways, London, UK (2023)

Provided education on nursing in psychedelic therapy

Beckley Academy, London, UK (2023)

Provided consultation on psychedelic therapist training curriculum.

**Professional
Affiliations**

Co-Founder – Organization of Psychedelic and Entheogenic Nurses (OPENurses.org)

Co-wrote the ethics statement, created internet presence, and coordinated monthly interview series for a professional association of nurses interested in psychedelic assisted therapies

Founder – UCSF School of Nursing Psychedelic Therapy Journal Club

Founded a student-led journal club focusing on psychedelic therapies

Officer – Psychedelic and Entheogenic Academic Council, UC San Francisco

Helped to organize speakers and meetings for a campus-based psychedelic interest group

Member, Sigma Theta Tau (National Honors Society in Nursing)

Member, American Psychiatric Nurses Association (APNA)

- Member-at-large of the board of directors, APNA California Chapter (2008-2010)
- Member, San Francisco APNA Peer supervision group

Member, Psi Chi (National Honors Society in Psychology)

**Computer
Skills**

UCSF: Epic/Apex, CLE/Moodle, Canvas

VA: CPRS, VVC, JLV, VISTA

Kaiser: Health Connect, PARRS

General: MS Office, MS Teams, CURES access, Pubmed

**Honors/
Activities**

Davis Nursing Scholar, UCSF, 2002

Robert Jean Lindberg Scholar, UCSF, 2002

National Student Nurses Association, *The Promise of Nursing Scholar*, 2003

American Psychiatric Nurses Association, *APNA-Janssen Scholar*, 2005

Ann M. Wilkinson Memorial Nurse Psychotherapy Award, CA APNA, 2018

UCSF Haile T. Debas Academy of Medical Educators Excellence in Teaching, 2020

UCSF Academic Senate, Distinction in Teaching Award, 2021

UCSF School of Nursing "Teacher of the Year" Award, 2022

AANP NP Award for Excellence for California, 2023

References available upon request