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ANDREW D PENN, MS, CNS, ANP-BC, PMHNP-BC

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PROFESSIONAL SUMMARY

Board-certified Psychiatric-Mental Health Nurse Practitioner (PMHNP) with over **20 years of experience in direct patient care** in a variety of psychiatric settings. Experienced **educator** to university, continuing education, and public-facing audiences. **Nationally known psychedelic therapy expert** with experience in trial execution, publication, and translational teaching about rapidly acting psychiatric agents. Experienced **consultant** to pharmaceutical, educational, and regulatory entities.

KEY SKILLS

- Complex pharmacology
- Panel Management
- Teaching diverse audiences
- Supportive and depth psychotherapy
- Clinical Education
- Mentoring and Precepting

EDUCATION

MS – PMHNP - Adult NP and Psychiatric CNS (2005)
University of California, San Francisco

BA – Psychology (1994) University of California, San Francisco

Certification in Psychedelic Therapies and Research (2017) California Institute for Integral Studies (includes MAPS and Usona certifications)

CREDENTIALS

Psychiatric-Mental Health NP (ANCC)

Adult NP (ANCC)

CA Nurse Practitioner License (NP103#15914)

DEA Registration, Schedule II-V

CLINICAL EXPERIENCE

Attending PMHNP

San Francisco VA, NP Residency Program | San Francisco, CA | 2019 – present

- Oversaw PMHNP residents during 1-year residency program, provided didactics
- Managed staff panel of Veteran patients in outpatient psychiatry

Co-Principal Investigator/Study Therapist/Medical Monitor

Translational Psychedelic Research Program (TrPR lab), UCSF | San Francisco, CA | 2019-Present

- Lead psychedelic therapy sessions including preparation, dosing, and integration for FDA registry and Investigator Initiated Trials of psilocybin and MDMA
- Provided medical monitoring during dosing sessions and physical exams as part of enrollment
- Co-PI on Phase 2, Usona-sponsored trial of psilocybin treatment in MDD, published in *JAMA Psychiatry*

Nurse Practitioner III

Kaiser Permanente, Department of Psychiatry | Redwood City, CA | 2006-2019



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- Provided direct psychiatric care (both medication and supportive therapy) in both Intensive Outpatient Program and general practice to a standing caseload of over 800 patients within a large HMO's behavioral health department

Staff Nurse

Marin Psychiatric Emergency Services| Greenbrae, CA | 2004 – 2006

- Provided emergency assessment, treatment, and disposition for patients in psychiatric crisis in a 5150-receiving facility

Staff Nurse

Kaiser Foundation Hospital | San Francisco, CA | 2003 – 2006

- Provided direct nursing care to patients in a medical-surgical ward



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SELECTED PRESENTATIONS & PUBLICATIONS

- **Publication** – *JAMA Psychiatry (2023)* – Single dose psilocybin for MDD
- **Publication** – *American Journal of Nursing - Nurses and the Psychedelic Renaissance: Considerations for Emerging Treatments*
- **Presenter** – *Psychedelic Science and Medicine (2023)* – TEDx Marin
- **Presenter** – *Visionary Approaches: Psychedelics as Medicine (2023)* – Aspen Health Ideas
- **Co-Author** – Professional Practice Guidelines for Psychedelic Therapy (2023) – Brainfutures/APPA

OTHER LEADERSHIP & PROFESSIONAL SERVICE

- **UCSF School of Nursing Faculty Council** 2023-Present
- **Psych Congress – Steering committee** 2010-Present
- **NP Institute Co Chair** – 2023-Present
- **Organization of Psychedelic and Entheogenic Nurses (OPENurses) Co-founder** – 2020-Present

HONORS & AWARDS

- **Distinction in Teaching Award**– UCSF Academic Senate (2021)
- **Award for Clinical Excellence** – American Association of Nurse Practitioners, CA Chapter (2023)